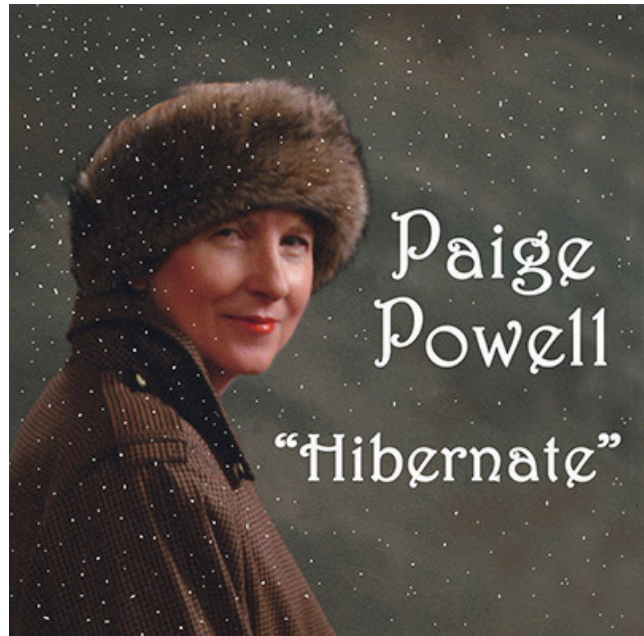


*Paige Powell Music Blog for March 10, 2021:*

## *The Story Behind the Song, "Hibernate"*

I really do have **mixed feelings** about winter, and one cold day, I decided to declare it in a song\*. I do love the beauty of winter, especially pristine snow, falling snowflakes, and the **opening line of "Hibernate"**: *"The icicles shine like glass chandeliers"*. In addition, I have painted a few **winter-themed paintings**. For *"Winter Snow,"* which you can see briefly 19 seconds into the Music Video of *"Hibernate"* I only used black, white, and Payne's Gray acrylic paints. So, my song is biographical: *"I should get my paints, I should be inspired"*. But finally, I complain: *"Why don't we hibernate like the bears and sleep the winter away?"*



In the second verse, I add other **personal touches**: *"Indoors from the cold for Brunswick stew"* which I chose because the **Powell family has a secret recipe for authentic Georgia Brunswick Stew**, passed down from my Granddaddy Leon, who swore it was the **ONLY** authentic Brunswick stew. Of course, Virginia and North Carolina would beg to differ, but I still enjoy making Granddaddy's recipe every year. I still have his typed recipe on a worn and stained sheet of paper neatly folded in my recipe box, along with my notations in light pencil.

Also in the second verse, I include my other **favorite things about winter**: *"My soft easy chair by the cracking fire. The cat in my lap, curled into a nap..."* One of the major stars of my new Music Video is **my cat Mia**, who curls up in my lap, as usual. She brings me deep joy, especially when she falls fast asleep and does those little jerks that tell me she's dreaming. (The fireplace in the background is from a clip!).

**Speaking of dreaming** (a wonderful part of sleeping), in the bridge of *"Hibernate"* I dream of *"iced tea at cookouts in yards full of green"* plus *"eating an ice cream"* specifically an orange Creamcicle, my favorite from the ice cream truck when I was a child. Then, I combined the words: *"In my Creamcicle Dreamcicle dream"*. That was inspired by **Pat Pattison** at his songwriting workshop, where I learned that **repetition is both fun and important** in the craft of songwriting. *"Hibernate"* was the **FIRST** song I wrote after taking his two-day class.

So, dear reader, please enjoy *"Hibernate"* and feel free to sing along, the same way I ask audiences to sing along when I perform it during the winter months. And if you are a **Spotify** user, please add it to your playlist.

*\*Recently, I've been thinking of writing a song called "Mixed Feelings"*