

Paige Powell Music Blog for June 2, 2020:

The Story Behind the Song, "Leaving The Nest"

"**ARGGGHHHH!!!**" is how I imagine a **teen or young adult feels sometimes**, wanting to fly free and leave their parents' house, but can't because of being quarantined in this pandemic. There's also the financial and economic difficulties that might make it impossible for them to be independent. They may have to continue living with their parents in order to attend school. Even when you have good parents, **there's an urge to "leave the nest"**.

These are the emotions I experienced as a college freshman returning home and remembering how trapped I felt before I was able to break free myself. I didn't record "*Leaving the Nest*" until many years later and I wanted to emphasize the strong emotions by using lots of loud drums. Even if you're not a young person anymore, **perhaps you can relate to being home-bound WAY too much** and understand all the feelings expressed in "*Leaving The Nest*" — you can hear it at <http://paigepowellmusic.com/leaving-the-nest.html>.

In my other songwriting, I'm still working on "*The Sun Will Always Stay*" and decided it needed a soulful cello or viola part to accentuate the sad drama of a child in the midst of an encroaching war. The song was inspired by the many reports of Syrians fleeing their country several years ago. From what I understand, they are still suffering as refugees, struggling to survive.

I'm also revising my romantic song, "*Real Slow*" after getting its evaluation back from the **Nashville Songwriters Association International (NSAI)** and I need to make a scratch recording of "*The Family Is My Home*" for submission to them as well. A songwriter buddy of mine is singing "*Don't Even Know Your Name*" since it's about a guy who finds a woman he doesn't know: "*When I pulled you from the wreckage*" is the first line. Meanwhile, I have more song ideas in the works including one about a man who comforts his wife who had a bad day, and a funny comedy song, "*I'm just too dumb for the smart TV*".

I'm still learning and growing as an artist and songwriter while staying in and making fajitas, spaghetti sauce and turkey cutlets with Alfredo sauce. I've also discovered how to make a BLT salad (no bread) — grateful to have bacon! Hmmm... I might just have that for lunch today!y!

